#### IGS Canteen - Placing an order for your child in Early Learning via FlexiSchools

## Can I order morning tea and or lunch for my child from the IGS Canteen?

Families in Early Learning may order morning tea and lunch from the IGS Canteen. The IGS Canteen, run by Anthony's Catering, operates everyday from 9am to 2pm during term time. Please note the canteen is not available during IGS term break periods.

## How do I place an order?

Orders may be placed via the FlexiSchools app or website. Canteen orders must be placed before 8.30am. For information about how to set up a profile with FlexiSchools please refer to the instructions linked <a href="here">here</a>.

## How will my child receive their order?

Morning tea and lunch orders are collected by the educators and taken to the children for meal times in the classroom. Please let your child's educators know that they have a canteen order in the morning so they know to collect it. You are welcome to make a note about the order on the class communication sheet.

# **Healthy eating in Early Learning**

The Early Learning Centre (ELC) is committed to promoting healthy food and drinks based on the Australian Guide to Healthy Eating and the Australian Dietary Guidelines. The Canteen offers a selection of healthy options which support the <a href="ELC Nutrition">ELC Nutrition</a>, Food and <a href="Beverages and Dietary Requirements Policy and Procedure">Beverages and Dietary Requirements Policy and Procedure</a>. We encourage families to make healthy choices for meals eaten at the Centre and save special treats or 'sometimes food' for at home. Some healthy options from the IGS Canteen menu include sushi, fresh fruit cups, cheese and crackers, pasta bolognese, toasted ham and cheese sandwich.

#### What if we forget lunch?

Occasionally a family may forget their child's food for the day. In this case your child's teacher may place an emergency food order for your child from the canteen using an Emergency Lunch Order slip. We will always attempt to call you first. Please follow up by paying the IGS Canteen directly.

#### What if we forget our water bottle?

We have a spare supply of reusable cups in the ELC for children to drink water throughout the day. We will label a cup with your child's name for the day. We also have water fountains (bubblers) for the children to drink from whilst they are in the playground.